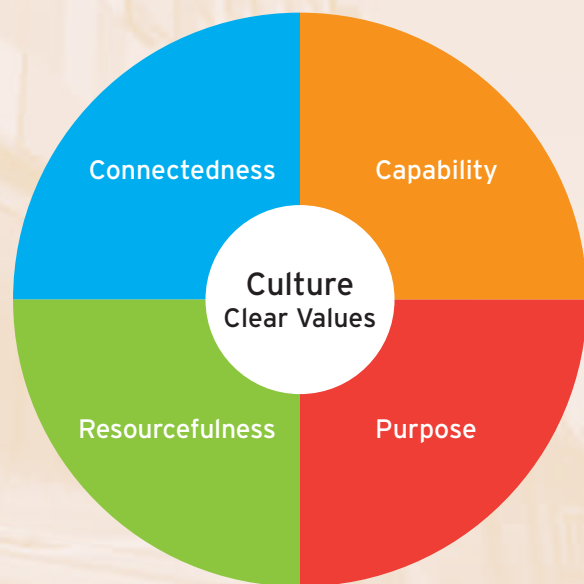


## OUR PROGRAMS AND SERVICES

- Project ADVANCE
- Residence Readiness
- Community Outreach Initiatives
- Parent Transition Workshop
- Early Move-in Day/Meet the Mentors
- Language Learning Seminar (6-credit course)
- ASD Support Group
- Asperger Mentorship Program
- ASD Transition Day
- Service Provider Workshop
- Lending Library
- Sensory Space
- Individual Coaching and Academic Skill Development
- Therapy Dog



*Adapted from Lizzio, A. (2006). Designing an orientation and transition strategy for commencing students: The Five Senses of Successful Transition. Griffith University: First Year Experience Project.*

## Contacts

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**Project ADVANCE** and **Strengthening Transitions for Students with Autism Spectrum Disorders** are initiatives of Counselling & Disability Services, Learning Disability Services, York University  
Executive Director: Marc Wilchesky, PhD, CPsych

**Project ADVANCE** and **Strengthening Transitions for Students with Autism Spectrum Disorders** are funded by:  
The Ontario Ministry of Training, Colleges & Universities

[asd-initiative.yorku.ca](http://asd-initiative.yorku.ca)



# Strengthening Transitions for Students with Autism Spectrum Disorders

Workshops, info sessions and supports for students with ASD/Asperger's as they plan and begin their postsecondary journey

Learning Disability Services  
W128 Bennett Centre for Student Services  
4700 Keele Street  
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## STRENGTHENING TRANSITIONS FOR STUDENTS WITH ASD

This initiative represents a collaborative pilot project between York University, Seneca College, the Toronto District School Board, the York Catholic District School Board and the Ministry of Training, Colleges & Universities. Our goal is to assist students with Autism Spectrum Disorders (ASD/Asperger's) transition from high school into a postsecondary program.

The initiative provides integrative support services throughout the full calendar year, starting in high school and ending after the first few months of a postsecondary academic program. Individual, group and community resources are available including mentorship programs, workshops, support groups and assistive technology aids.

Future and current students, as well as their families and communities, can take advantage of supports.

## Pre Postsecondary

Open to students regardless of where they plan to attend postsecondary:

- Meet with ASD Coordinator to see what supports can be put in place.
- ASD Transition Day for grade 10, 11, 12, and Victory Lap Cohorts
- The Residence Readiness Program – live in residence to see if you're ready.

## Summer Before Class Start

Students will develop in the following areas: social communication, anxiety recognition, academic and technological skill application, self-advocacy and institutional navigation both online and offline.

- Project ADVANCE, a free two-week transition program
- Establish support with Disability Services Counsellor
- ASD monthly Orientation Meetings/Parent Transition Workshop/Campus Tours
- Early Move-in Day to Residence
- Assistive Technology/Lending Library Trials



## Fall/Winter Courses

Our initiative is designed to work all year 'round with different aspects becoming more prominent as the school year changes to reflect the changing needs of students. Supports include:

- Ongoing support with Disability Services Counsellor
- Language Learning Seminar – a first-year credit course
- Academic skills coaching and technology training
- ASD Peer Support Group
- Asperger's Mentorship Program
- Town hall discussions – opportunities for students to connect and provide feedback about their experiences and how the program can support them
- Connections with community agencies and supports as appropriate